

Video @
The Antelope:
online

Campus Safety
Assistant Vice Chancellor of
Communications discusses
measures UNK takes to keep its
students safe.

Video by Micaela Klassen

Health / Fitness
Consider a fitness class: A great
way to stay in shape during
the colder months is to take a
fitness class.

Video by Rachel Smith



the antelope

Run with it.

University of Nebraska at Kearney

Volume 119, Issue 6 | 10.25.17 | www.unkantelope.com

OFFENSE IGNITES



Photos by Devon Andre
1. Lopers tight end, Alex Harms, pushes past the RiverHawk players in Saturday's game.
2. Backup Quarterback, Alex McGinnins, scores in the fourth with an 8-yd. run in the 42-27 against the RiverHawks.

More Photos online @
UNKANTELOPE.COM

Expand your horizons with glass

Step-by-step, always in motion-Violà, there is glass

MADELINE MALOLEY
Antelope Editor

DAVID MUELLER
Video @ Antelope

Steven Ramsey, the associate professor of sculpture and glass, first found his love of glassblowing at his high school job, “That’s when I fell in love with the material – enough to know that I wanted to do something with it,” Ramsey said.
Ramsey teaches all levels of sculpture and all levels of glass at UNK. While both programs are relatively small, there are quite a few international students who enroll in his classes. Depending upon the home country of these international students, they may have not heard anything about glassblowing before coming to UNK. “The glass studio movement is predominantly a European-American phenomenon,” Ramsey said.
Glass studios are rare in Korea, Japan and China, and are only found in highly-populated areas. It’s a great bargain and

opportunity to take glassblowing or sculpture as an undergrad, especially at UNK. Glassblowing is an expensive art, and the UNK glass studio recycles all the glass used to keep the cost down.
“I had one student who returned after he graduated who told me that if he knew what a great bargain he was getting while a student, he would’ve spent a lot more time in the studio,” Ramsey said.
The beginning class, Glass I, is all about manipulating the material, according to Ramsey. One of the first challenges is getting the material out of the furnace because it’s a liquid. However, glass does not have the thin consistency of water but is thicker and slower, moving like honey on the end of the blowpipe.
Students need to learn how to handle a material that’s always in motion. They have to get it out of the furnace and coordinate their working process in moving between

GLASS, PAGE 4



Photos by Madeline Maloley
1. Glass and sculpture classes are held in the the southwest corner of Otto Olsen.
2. Glass furnaces sit at a temperature just under 2,000 degrees. Students are required to wear protective lenses while working with the material.
3. The entire process takes about an hour once a student is comfortable moving between the furnace and bench.

New trend in health care great fit for students

ABBIE ROHR
Antelope Staff

Ever taken a picture of the athlete’s foot you got from the dorm showers, sent it to your mom and asked what you needed to do? OK, maybe not that exact situation, but something similar?
Not to worry, there is now a professional solution for this scenario. The solution is called virtual care, and it can be accessed anywhere in the state from a phone, tablet or laptop.
“Virtual care is a live health care visit with a provider in real time, usually through a mobile device, phone, iPad or laptop with a webcam,” said Bryan Nokolby, MD, who started a virtual care program in Nebraska “There Virtual Care.”
The biggest benefit of virtual care

Nebraska doctor says virtual care real money saver, offers students chance to win \$50 Amazon gift card



“If you could get your sinus infection treated for \$49 instead of going into the doctor’s office and having to pay \$100-\$150 it is a big savings.”
/ Dr. Nokolby

is the convenience, as anyone can access it from anywhere, on any device. Virtual care visits are only \$49 and are not currently submitted to insurance. This convenient option offers college students the ability to get professional care for minor illnesses at a very affordable price from the convenience of their dorm room or apartment. After the visit, the provider will send the prescription, if needed, to the pharmacy chosen.
“If you could get your sinus infection treated for \$49 from home instead of going into the doctor’s office and having to pay \$100-\$150 it is a big savings,” Nokolby said, “I think college students like to have a little extra cash in their pockets.” Even if mom and dad still pay for your doctor’s visits, virtual care may be more convenient. (Of course

HEALTH, PAGE 4

A doctor’s visit from the comfort of your home

Create an account with your Loper email by Nov.14 and you will be entered to win a \$50 Amazon gift card. Then, you can visit a provider from anywhere in Nebraska on any device.

www.there.care or download the app

Create your account using your Loper email and be entered to win a **\$50 Amazon gift card**



there.
virtualcare

Trump talks big; consequences follow

President’s comments carry more weight than he may think



ELLIOT GONNELLA
Antelope Staff

Sticks and stones may break my bones, but words will never hurt me. We have heard or said that phrase so many times that for most of us it draws nothing but an eye roll. It may have been appropriate when it was first said as an English rhyme in 1830, but in today’s world, words carry more weight and power than a rod of oak or a heavy piece of rock.

Think about social media for example. Someone could cause great harm on the sites by merely clicking a few keys. We hear about cyberbullying all the time, the self-destructive actions people take as a result of the bullying and the consequences that follow. I don’t have any social media accounts in any way, shape or form, and I can’t escape the power words have sometimes. Even someone with very little power in the real world can create tremors in cyberspace.

Now imagine that nobody is instead an egotistical sociopath having his words read by thousands of journalists

and reaching the accounts of millions who then pass it on to millions of others. Just imagine the headache and consequences that will follow if that fiction was to happen.

You only need to look to our current tenant of the White House to see that play out.

I don’t need to explain that the social media feed for Trump has been full of hot air, venom and simple thoughts that take hours in between tweets to say completely. He is acting like a spoiled man child who doesn’t like people correcting him when he is wrong. To be fair, I don’t think many of us like being wrong but most of us don’t go on rants for days on end over something. Tweets are by far the least professional and precise manner to deliver policy. Give me a five-hundred-page manifesto written by Trump’s ghost writer any day. I won’t read it, but I will admire the fact someone took time to write it.

If he were not the President, I don’t think many would care for what Trump had to say about things. He would be that xenophobic relative who

you have to talk to during the holidays, and you could just drown him out by nodding and saying “Whatever uncle.”

As the President, he is representing the nation as a whole and his words are supposed to reflect our own thoughts. In theory, what Trump says on Twitter, in front of live audiences or a microphone for a propaganda center trying to call themselves news, is supposed encapsulate our feelings. I have



A gesture should not outweigh other concerns of greater importance.



cannot do during it. A gesture should not outweigh other concerns of greater importance.

His statements go from making mountains out of molehills to words that cause significant damage. He constantly tweets about business who he thinks are bad, and for a while the stock prices plummet for those companies. Back in August, Amazon lost almost six billion in stock prices that day because Trump complained that it was destroying jobs and detracting from local businesses. In truth, this tweet was probably because the owner of Amazon also owns a holding company that owns The Washington Post, a newspaper with less than favorable opinions of Trump. While six billion dollars may not sound like a lot to Amazon, that is a significant amount of money lost in 140 characters.

A similar case played out with companies such as Boeing and Lockheed Martin,

companies that have defense contracts that Trump saw as overcharging the treasury. The companies lost one billion and three and a half billion in stock share price respectfully after a single tweet. Toyota lost more than one billion in share prices after Trump threatened to stop a factory being moved from California to Mexico. From individuals to multibillion dollar corporations, small words thrown on the digital world by a walking spray tan mannequin have serious consequences. The trouble is when so many are placed out there, it is hard to figure out which opinions can be discarded as the ramblings of someone who is clearly not playing with a full deck of cards and which contain the intent for future policies.

As much as many of us would love nothing more than to replace every character in a tweet with an incomprehensible symbol or every word Trump speaks as white noise, we can’t just ignore it because we dislike it. The best way I can compare the tweets and ramblings of Trump is like watching a violent car wreck on replay. It is going to be painful and eye searing to look at, but in watching it you might learn something.

Unfortunately, with his fingers constantly churning out fragments of messages, it looks like this will be the new norm in American politics for a while. Words thrown around in abundance with little care for the real consequences by the sender who is the chief executive, commander in chief and face of the nation. Sticks and stones may break my bones, but words will cause problems.

CHARITY FOCUS OF THE WEEK:

Americares

Americares is a nonprofit charity providing health care in emergency response as well as promoting long-term initiatives. They work domestically with more than 400 health clinics in the States and remain years after severe natural disasters to help rebuild and assist the medical professionals in the devastated regions.

More than 97 percent of all funds donated go directly to programs and are tax deductible. Learn more at <https://www.americares.org/>

Alpha Xi Delta flag football raising funds for Autism Speaks



UNK COMMUNICATIONS

University of Nebraska at Kearney sorority Alpha Xi Delta is hosting a flag football tournament to raise money and awareness for autism.

Football FrenXi is at 7 p.m. Oct. 26 at UNK’s Foster Field. Teams are made up of between six and 10 players, and the entry fee to play is \$60 per team. Event proceeds benefit Autism Speaks, the world’s leading autism science and advocacy organization.

Autism Speaks is dedicated to funding research into the causes, prevention, treatments and a cure for autism; increasing awareness of autism spectrum disorders; and

advocating for the needs of individuals with autism and their families. Alpha Xi Delta formed a national partnership with Autism Speaks in 2009 to help raise funds and awareness for those affected by autism spectrum disorders. Since then, Alpha Xi Delta chapters and alumnae associations have participated in numerous awareness and fundraising initiatives in their local communities and at host institutions across the country. For more information about the flag football tournament or to register, contact Gabi Patterson at pattersongn@lopers.unk.edu.

**WHERE
FRESH
& FAST
MEET™**



WE DELIVER!

**VISIT JIMMYJOHNS.COM
TO FIND A LOCATION NEAR YOU**

the antelope | 2017 fall staff

| | |
|---|---|
| Editor in Chief Broadcast & Media Editor Online Editor Madeline Maloley | Sydney Norris Kennedy Schaefer Christian Schwarz |
| Print Editor Design Editor Rachael Fangmeier | Elliot Gonnella Amber Hallberg |
| News Editor David Mueller | Circulation Manager Rachel Overby |
| Chief Copy Editor Mary Spencer | UNK Business Manager Caiti Smith |
| Assistant Copy Editor Jessica Turek | Designers Abbie Rohr Rachel Overby Haley Pierce |
| Ad Manager Mackenzie Crowder | Video Staff David Mueller Haley Pierce Rachel Smith Hanna Hake Makayla Hodgenson Sydney Norris Rachel Arehart Natalie Stanley |
| Photo Editor Rachel Overby | Ad Staff Cody Moslander Molly Stern Devon Andres Rachel Smith Rachel Overby Rachel Papez Aaron Reekie Abbie Rohr Madeline Maloley |
| Sports Editor Haley Pierce | Print, Online Adviser Terri Diffenderfer |
| Online Editor Rachel Arehart | Ad Adviser Terri Diffenderfer |
| Sports Writer JD Rader | |
| KLPR — Antelope Speaks David Mueller Madeline Maloley | |
| Online Editor Rachel Arehart | |
| News Staff Rachel Arehart Ryan Boyd Amanda Demilt Courtney Lierman | |

Contact for Antelope Advertising:
antelopeads@unk.edu

Contact for Antelope News:
antelopenews@unk.edu

The Antelope
166 Mitchell Center
UNK – Kearney, NE 68849

UNMC occupational therapy doctorate comes to campus in Fall 2019

UNMC PUBLIC RELATIONS

The University of Nebraska Board of Regents Thursday approved the University of Nebraska Medical Center’s proposal to create an Occupational Therapy Doctorate Program within its College of Allied Health Professions.

UNMC would educate occupational therapy students at the Health Science Education Complex on the University of Nebraska at Kearney campus and its Omaha campus.

Occupational therapists help patients develop, regain and improve the skills needed to participate in activities of daily living, and function more effectively in home, work and social activities. They are licensed in every state and serve patients in a variety of environments.

UNMC aims to enroll 42-46 students annually in the three-year, 116-credit hour program. No new state funds will be required for the occupational therapy doctorate program.

Nebraska’s aging population and increased prevalence of chronic conditions are expected to continue to drive workforce demand. Meanwhile, a survey of students at Nebraska’s state colleges and universities has shown strong interest in occupational therapy as a profession.

Thirty-two Nebraska counties have been designated as occupational therapy shortage areas.

UNMC’s occupational therapy education program is the first at a public institution in Nebraska.

Meeting the continued student and workforce demand, particularly in rural Nebraska, and providing Nebraska students a public university option, were the primary goals in developing the new program, said Kyle Meyer, dean of UNMC’s College of Allied Health Professions.

“In addition, the new occupational therapy program will be integrated with our existing doctor of physical therapy program, which will both enhance interprofessional education and promote efficiencies,” Meyer said.

Currently, occupational therapy education programs are accredited at both the master’s and clinical doctorate level, but the Accreditation Council for Occupational Therapy Education has mandated that all entry-level degree programs will be at the doctoral level by 2027.

Upon approval by the Nebraska Coordinating Commission for Postsecondary Education, UNMC will begin recruitment for a program director and seek accreditation, with the plan to begin enrollment in the fall of 2019.

UNK unveils Warner Hall at Thursday ceremony

UNK COMMUNICATIONS

University of Nebraska at Kearney’s “newest” building will be officially presented at a community event Thursday (Oct. 26) with a celebration of Jerome and Charles J. Warner Hall. A brief sign-unveiling ceremony at 2:30 p.m. is free and open to the public.

Formerly known as Founders Hall, the building’s name honors the father and son who were instrumental in the university’s history, as Nebraska political leaders and advocates for Kearney Normal School, Kearney State College, and later, UNK. The name was approved by the University of Nebraska Board of Regents March 31. Since then, the building’s signage and some interior updating occurred to signal the transition. The former Founders Hall was built in 1978.

Charles Warner was a member of the Nebraska House of Representatives from 1901-07, then in the Nebraska Senate from 1919-37 and Nebraska Unicameral from 1937-39. He served as the combined legislature’s first Speaker. He was later elected lieutenant governor four times, serving from 1949 until his death at age 80. Charles was often referred to as the “grand old man of Nebraska politics.” He led the effort in the Nebraska House in 1903 to establish Kearney Normal School.

Always by Charles’ side growing up, Jerome Warner himself became the next “grand old man,” serving 35 years in elected service as state senator, including as Speaker. He headed committees on education, appropriations, administrative services, limiting property taxes, highway

and road funding, development of the biennial budget process, among others. His leadership helped make Kearney State College part of the state university system in 1989.

Charles Warner received the Nebraska Builder Award, the University of Nebraska’s highest non-academic honor, for his contribution to the welfare of the university and the state; and Jerome Warner received the Honorary Degree, Doctor of Humane Letters, from the University of Nebraska Board of Regents.

Refreshments will be served and all are welcome.





Fasten your seatbelts for the hottest takes from recent events to personal opinions—all things Antelope, all the time. Listen live every **Thursday on 91.1 KLPR at 7:30 p.m.**

Antelope editors Madeline Maloley and David Mueller keep the news chat going with Antelope campus news and weekly guests.

This week’s Twitter poll: What’s the best Halloween costume for couples?



Event Information

When: 2:30 p.m., Thursday, Oct. 26

Where: Green space west of Warner Hall (formerly Founders Hall)

Editors: A video of an Aug. 31 lecture by Chancellor Kristensen about the Warners’ legacy is available at <http://unknews.unk.edu/2017/09/06/video-warner-lecture-series-can-there-be-or-should-there-be-another-jerry-warner/>

CAMPUS CALENDAR

| Thursday October 26 | Friday October 27 | Saturday October 28 | Sunday October 29 | Monday October 30 | Tuesday October 31 |
|--|---|--|--|---|--|
| 2 p.m. to 5 p.m. The English Lounge 2:30 p.m. to 3:30 p.m. Warner Hall Celebration 7 p.m. to 10 p.m. QSA- Amateur Drag Show | 7 p.m. to 11:30 p.m. Phi Delta Theta-KneeKnocker Woods 7:30 p.m. to 9 p.m. Faculty Recital- Dr. Robert Benton 8 p.m. to 11:30 p.m. International Student Association’s Halloween Party | 7 p.m. to 11:30 p.m. Phi Delta Theta-KneeKnocker Woods 6:30 p.m. to 8:30 p.m. International Observe the Moon Night @ UNK 8 p.m. to 11:30 p.m. Fall Ball- Campus CAN | 4 p.m. to 10 p.m. AoG Dead by Daylight Tournament 5 p.m. to 6 p.m. Worship with a meal 7 p.m. - to 11 p.m. Ok’S OBER’fest | 7:30 to 9:30 p.m. Concerts-on-the-Platte Piano/Violin Duo with Dr. Buckner and Dr. Chen FAB Recital Hall 8 a.m. to 5 p.m. New Student Enrollment Leader/Blue Gold Welcome Coord. Applications Available | 4 to 6 p.m. Sigma Tau Delta Open Mic Night Calico Coffee Company 6:30 to 9:30 p.m. UNK Ethnic Studies Film Screening of “GET OUT” 7:30 to 9:30 p.m. Christian Student Fellowship |

news

Psychology Club volunteers for Habitat for Humanity

“You are changing the lives of the families who you are working side-by-side with when you volunteer, which is special. Few organizations exist where you see the impact first-hand.”

/ Beringer

AMANDA DEMILT
Antelope Staff

The Kearney Area Habitat for Humanity’s mission vision is a world where everyone has a decent place to live. Through the UNK Psychology Club, sophomore English major Jasmine Beringer from David City, takes time to bring that vision to life. Beringer has volunteered for the KAHfH for approximately a year. Habitat for Humanity is a global non-profit organization that partners with families in various communities all over the world to help them build or improve a place they can call home. “Habitat homeowners help build their homes alongside volunteers and pay an affordable mortgage. Habitat homeowners achieve the strength, stability and independence they need to build a better life for themselves and their families,” Beringer said.

The Psychology Club generally takes between 10 and 20 students on the Habitat service projects. During the time they volunteer, the work they do depends on the weather. In milder weather, the club volunteers work outside on the building of the home by laying the foundation or painting. During the colder months of the year they typically work indoors in the Habitat warehouse. “Whatever the long-term volunteers tell us to do, we do!” Beringer said. In the 25 years that the KAHfH has been in existence, 76 families in Kearney have moved into new homes. Without the countless number of volunteers from the area, including the Psychology Club as well as several other UNK organizations, the building of the homes would not have been possible. Psychology professor Dr. Krista Fritson advises the Psychology Club and is in



FRITSON

length of time, or a person can volunteer for an extended period. A volunteer can spend their time with the organization for shorter amounts of time as well. The Psychology Club volunteers on a Saturday once a semester. The student members of the Psychology Club are first invited to volunteer. Psychology Club members then can invite family or friends who wish to participate. The work done building the homes is rewarding to both the homeowner and the volunteer. Beringer’s favorite part of the organization is simple. “You are changing the lives of the families who you are working side-by-side with when you volunteer, which is special. Few organizations exist where you see the impact first-hand,” Beringer said. She says the work done building the homes is rewarding to both the homeowner and the volunteer.

MORE INFORMATION:

Not all volunteers need to volunteer with an organization. Most Habitat work days are on Saturdays. The calendar can be found on the KAHfH website. All that is required is a release and waiver of liability, filled out and signed by the volunteer. For more information call 308-234-6030.

To scare or not to scare?



No question about it, the English honors society will host spooky gathering at local coffee shop

KAITLIN SCHNEIDER
Antelope Staff

As it is that mysterious time of year when ghouls and goblins awaken to celebrate Halloween, college clubs and groups throw themed get-togethers and events. One group in particular, Sigma Tau Delta, will be hosting an Open Mic Night at Calico Coffee, located downtown just off of Railroad Street. The event will take place on All Hallows Eve from 4-6 pm. It will also be a costume party, so besides finding your best work to read to



the crowd, be sure to put together your best attire. Or, just dig through your closet and throw something together. Whether you’re going as a terrifying monster,

your favorite fictional character or anything else in between, you are sure to have a good time at this event. Calico Coffee Company is a relatively new establishment in Kearney, and owner Brock Arehart says that he is happy to be hosting this event for the group. He hopes to be able to host more arts-related events and to create closer ties with UNK’s English department, along with the UNK chapter of Sigma Tau Delta, Xi Beta. He also said that visitors of Calico have been very impressed with the location, comparing it with coffee houses from Boulder, New York City and other locales.

Besides consuming the stellar coffee and experiencing the wonderful atmosphere for this event, students and professors alike are eagerly awaiting the readings from their peers. Mackenzie Marrow, says that she is looking forward the night’s entertainment. “I’m really excited to hear other people’s work and what they have to say. In class you might talk about what you’ve written for a second, but it’s rare that we actually get to hear it and experience it.” Dr. Megan Hartman, one of UNK’s English professors and a chapter adviser, said that she is looking forward to the crazy costumes because English majors always get creative when it comes to dressing up and she cannot wait to see what everyone comes up with. Be sure to clear a couple of hours on your Halloween night for this fantastic event hosted by Sigma Tau Delta. As a

member of this group and as a past attendee of other mic nights, I can tell you that you absolutely should not miss it. Excellent coffee, great people, terrific costumes and all-around good fun for everyone. What’s not to love about that! We hope to see you there. Founded in 1924 at Dakota Wesleyan University, the International English Honors Society confers distinction for high achievement in English language, literature and writing. The entire society has approximately 880 active chapters and inducts around 9,000 members every year. Our local chapter just recently hosted a launch party for the UNK literary magazine, The Carillon, and will be having an induction ceremony for new members on Nov. 10. The Xi Beta chapter is advised by Megan Hartman, Marguerite Tassi and Karyn Hixson.

GLASS from page 1

the bench and the furnace while using the tools to shape their project. Ramsey does a demonstration to illustrate what students will be working toward during that class period and the practice time following it at the beginning of each class. Each student then has a total of three hours to come into the studio and work outside of class. By the end of the semester, in the Glass I class, students are shown how to incorporate sand-blasting as well as adding color to decorate their pieces. Ramsey shows them how to grind and

polish the glass. It’s a steep learning curve for a 16-week course. Learning the process and doing it enough that you’re not thinking about the movements as individuals because you’ll have the coordination down purely by repetition. “Everything seen in this studio is either based on a cylinder or a sphere,” Ramsey said. Students start off making very simple shapes: spheres and cylinders. One of the first assignments due at mid-term is a sphere. “Glassblowing is one of those things

that’s like riding a bicycle, you never really forget,” said Ramsey, “But in order to keep up, you can’t wake up one day three weeks later of not working and expect to make something great.” Ramsey keeps up his own practice by doing things that challenge him. “I try to teach myself things I don’t know in order to teach my students,” Ramsey said. “It’s really embarrassing to attempt to do something and fail in front of a student.” The learning process is lifelong for Ramsey. He says he learns something new every time he comes into the studio.

UNK has offered a glassblowing program for 40 years and has a 3D art major and minor that can focus on glass. The studio is located in the southwest corner of Otto Olson. Ramsey wants students to know that anyone who is curious is more than welcome to come by. The studio is always open.

GLASS PUMPKIN SALE
Friday, Oct. 27
Otto Olsen; Glass Lab
12 p.m. - 7 p.m.



HEALTH from page 1

you can still bill it right to your parents and save them the extra money.) Because of the rising health care and

ROHR TRIES VIRTUAL CARE
I personally tried a there.care visit to see if I would recommend it to others on campus. First, I looked at their hours, 8-8 Monday-Friday, 9-6 Saturday and 12-5 Sunday. Then I downloaded the app on my iPhone and made an account. It only took a few minutes to make my account. I had the option to upload pictures before my visit to help the doc diagnose. I requested to start my visit and saw a doctor within five minutes. I was happy not to be sitting in a waiting room. He sent my prescription to my pharmacy. Overall, I would recommend this

health insurance costs, virtual care is a convenient tool for college students. “A lot of health insurance plans have gone to high deductibles so a lot of the cost is out of pocket up to a certain amount. Even after the deductible is met there may be a co-pay associated with a doctor’s visit,” he said. With virtual care you pay the flat rate of \$49 for the visit. “We knew virtual care was something that people were going to be attracted to because of where health care is and where it is heading,” he said. Innovative companies who have been doing virtual care for the last several years have had great success in care that is equivalent to in-person care with straightforward health care issues. We are trained to do this; it’s what we do on a daily basis. Now we can reach people wherever they are, whenever they need us, at a very affordable price.” Nokolby said. Some of the straightforward health issues that There Virtual Care can assist

with include: allergies, anxiety, cough, congestion, pinkeye, respiratory infections, sinus symptoms, sore throats, UTI and vomiting. You can find a longer list by going to www.there.care. Any provider that you would see with There Virtual Care is a health care provider in Nebraska. Nokolby has four urgent care clinics throughout Nebraska and the providers from those clinics are staffing There Virtual Care. “It is not a physician from out of state or out of country. They have all been trained, certified and credentialed through our facility,” he said. Nokolby believes that virtual care is not a passing fad. “As technology is evolving, virtual care will become an essential part of our health care system,” he said. “I don’t see it going away, people like convenience and instant access; I think that is going to help drive virtual care.” “We’re excited to be among the providers offering this convenient,

affordable service to patients throughout Nebraska. We hope that UNK students will take advantage of this opportunity. When you need us, we’re there!”

Bookstore
Halloween
Party

Have fun with **free** food, games, and so much **more!**

~Costume Contest

~Games

~VIP Discounts

~Photo Wall

~Prizes

Antelope Bookstore in the union
October 30, 5-8 p.m.

It'll be **SPOOKTACULAR**

Queen Elizabeth I events in Kearney Nov. 2

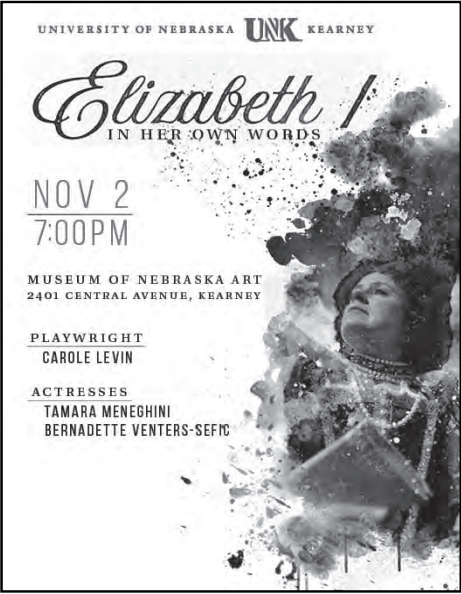
What was Elizabeth really like? *Be in audience for master classes, see the Nebraska author, enjoy professional portrayal, captivating history ‘In Her Own Words’*

ABBIE ROHR
Antelope Staff

On Nov. 2 Kearney will host a series of Queen Elizabeth I events around town starting in Kearney Public Library with “Queen Elizabeth and the Reformation,” as a part of their Brown Bag Series from 12-1 p.m. This will be followed by a master class in Shakespeare in the Studio Theater of the Fine Arts Building at 2 p.m. Then, at 4 p.m., the UNK History Department will celebrate the 500-year anniversary of the Reformation with “Queen Elizabeth: The Reformation, Secret Thoughts and Historical Accidents,” in Copeland Hall, Room 142. Finally at 7 p.m. the Museum of Nebraska Art will present “Elizabeth I in Her Own Words.” All four of the events are free and open to the public. The events will feature Dr. Carole Levin, Professor of History and Director of the Medieval and Renaissance Studies Program at UNL, co-founder of the Queen Elizabeth I Society, renowned expert on Queen Elizabeth and author of several

books. “I am so excited to have my play about Elizabeth I performed in Kearney. I loved writing it, surrounded by books, as I wanted it dramatic but also historically accurate. But seeing the play with these two remarkable women playing the queen and her lady-in-waiting was a revelation. They both did such a spectacular job,” Levin said. “I hope people who see it have a whole new appreciation and understanding of Queen Elizabeth I and also of Shakespeare, as the lady in waiting recites passages that connect to the queen’s life in a range of ways.” The events will also present Tamara Meneghini, professional actress and Associate Professor at the University of Colorado-Boulder, actress Bernadette Sefic and faculty from UNK’s history and English departments. “Each time we do the play, we come away learning something else about the power of the language and people of that time period – especially Queen Elizabeth and Shakespeare... We truly enjoy sharing the work and continue to learn how we

can make Queen Elizabeth I even more poignant as we do it,” Meneghini said. “I started planning last March for a big show to bring to Kearney,” said Marguerite Tassi, the Martin Distinguished Professor at UNK in the English department and impetus for the Elizabeth events coming to Kearney. Tassi had seen a show called “Elizabeth the First,” in Lincoln and thought it was fantastic. “It featured an amazing actress, Tamara Menghini. It was this fabulous drama all about the life of Queen Elizabeth, and it was based on the research of UNL faculty member Carole Levin,” Tassi said. She said it was a wonderful experience that she thought would be perfect to bring to Kearney, as it is 50 minutes and good for a general audience. The play quickly turned into a day of four events featuring the women. “I’ve got the four events going on all Nov. 2. It became this huge thing; I had to write two grants to bring them in and support from various offices,” Tassi said. Tassi said that setting up the events has “been an amazing experience in



collaboration, reaching out to different organizations on campus, different programs and the community.” Tassi has invited Kearney Community Theatre, Crane River Theatre and former students who are teaching around Kearney. “I looked at this project as highly collaborative and involved and interests a lot of different groups of people... I am hoping to get a lot of really interested people to come to the event,” she said.

Making a ‘FOCUS’ on faith

Missionary Herder shares passion for faith, community, friendship at Newman Center

RYAN BOYD
Antelope Staff

At the beginning of his college career, Joe Herder, a 23-year-old social work major from Mound, Minnesota, lived the life of an average college student. His freshman year of college was spent at St. John’s University where things were fine, but he felt a change was felt to be necessary. “I transferred to the University of Minnesota-Duluth my sophomore year. The intriguing part was that two of my best friends were going to school there, and I was excited to go to college with them,” Herder said. While students that have met Herder this year at UNK know him for his love of religion, he didn’t really come into his own faith until going to UMD. “FOCUS helped me improve my faith life in college. A couple of months in to my sophomore year, my friend Jesse and I decided to go to mass and when the mass had ended we were getting up to leave.”

The next encounter changed his future. “During that time, there were FOCUS missionaries greeting at the back of the church, and they spoke to Jesse and I,” Herder said. FOCUS stands for The Fellowship of Catholic University Students. After being told about FOCUS at mass, Herder agreed to have a one on one with a male missionary at UMD. “I got lunch with Ben Berning, who was the missionary who had the biggest impact on me during my time at UMD. After that we just continued to spend more time hanging out, which in turn kept teaching me about FOCUS,” Herder said. “As I teach it now, FOCUS is about desiring to know Christ Jesus for us missionaries and then making him known to others.” Herder explained the three primary objectives of FOCUS: **First, divine intimacy:** “We go to holy hours and daily masses to improve our ability of giving Christ’s love to others.” **Second is authentic friendship:** “We seek to develop friendships and spread love to students at each campus.” **Third is spiritual multiplication:** “We want not only to help students along in their faith, but to teach them about faith so that they may go and teach other students what they know.” As he learned more about FOCUS, Herder was reaching a point in college where he was unsure about his next step in life. “After college, initially I was going to go into my social work major instead of doing anything with FOCUS. I had told this to my friend Ben, and he recommended

that I go ahead and apply for a position as a FOCUS missionary. “So out of respect for him I applied and then I prayed about it. While I waited during that interview weekend, I was surprised by the community aspect of the FOCUS missionaries. That was something I really wanted to be a part of because I desired to be formed in my faith life before going out into the real world, and as it turned out I landed the missionary job just a couple of weeks later,” Herder said. The next step for Herder was to begin training in Florida before learning about which campus he would be assigned to. “The team of us five missionaries for UNK actually didn’t know each other before getting our envelopes and meeting in the same spot. We’re from different areas, but I think it really helps us show off as unique individuals. There is Brenda Zierke from Kearney, Monica Mackie from Plymouth, Michigan; Kevin Roerty from Fort Collins, Colorado; Megan Henle from Indianapolis, Indiana; and myself,”



Photos by Ryan Boyd

ABOVE: From right: Kevin Roerty, Brenda Zierke, Monica Mackie, Joe Herder and Megan Henle follow their faith in their first year on campus through Newman Center Ministry. The five did not know each other before FOCUS training in Florida, but Herder says, “We’re from different areas, but I think it really helps us show off as unique individuals.” The connection with FOCUS is due to the pastor of UNK’s Newman Center, Father Neal Hock, who has been interesting in bring the program to campus. BELOW: In an uplifting moment, FOCUS missionaries show they can rise to challenges with a bit of spirit required for working with college students.



Herder said. This is the first year that UNK is connected with FOCUS and large thanks for that connection is due to the pastor of UNK’s Newman Center, Father Neal Hock. “Ever since he became priest at UNK four years ago, Fr. Hock has wanted FOCUS at UNK, and it was able to finally happen this year. FOCUS tries expanding to multiple campuses constantly, but it depends on the number of missionaries available and if that campus would be a good fit for FOCUS,” Herder said. For the FOCUS team itself, UNK offers

a great chance for prosperity for students and the missionaries alike. “This is a great opportunity for us to help teach this campus what FOCUS is all about since this is the first year that UNK has had FOCUS,” Herder said. “It’s been a trial and error experience working with another guy missionary. Ultimately so far we’ve had a lot of graces while having challenges at the same time. For me it’s been about having a lot of trust in faith in God for everything that we’ve been doing.” Herder and the other three FOCUS missionaries will be assisting the faith

life of UNK students throughout the entire 2017-2018 academic year and will provide whatever they can offer. Herder would really like to be able to offer such lasting advice that really stuck with him: “One of the holy missionaries at training in Florida said, ‘Before you do anything make sure to pray.’” At the end of the day, that’s our faith life, being intimate with Christ in prayer. Have Christ be the No. 1 priority in your life,” Herder said. To learn more, click on FOCUS at <http://www.lopercatholic.org>

Zombies run for Crane River

People “run for their lives” in post-apocalyptic wasteland



After an hour of make-up and hair by artists from the Crane River Theatre, zombies are released to their stations, where they wait to prey on runners at The Archway.



As family members wait beside the road for the revealing of the zombies, false limbs and hours of make-up are displayed as the zombies make their way across the bridge to the other side.



As the pistol sounds, the first group of civilian participants, run for their lives, literally. All runners started with two flags at the beginning of the race, while the zombies aimed at stealing the flags. The course was two miles in length, filled with obstacles along the way.

Lopers hit the hardwood

Basketball teams return leadership, committed to excellence in 2017-2018



Photo by David Mueller
Michaela Barry warms up before beginning practice on Monday. As one of the MIAA’s best shooters, Barry averaged a team high 15.4 points last season, placing her eighth among the conference in scoring. She also tied for third in 3-point shooting, sinking 2.2 per game.

LINDSEY SMITH
Antelope Sports

It’s that time of year again! The coming of fall weather means the start of basketball season as both the men and women’s Loper teams started practices last week. MIAA preseason rankings were released Thursday, Oct. 19, with the men coming in at 4th and the women ranked 10th.



Coach Carrie Eighmey and the UNK women’s basketball team will have seven returners this season, losing three seniors from last years’ squad. “All seven of our returners have really stepped up to a challenge in taking ownership of our program and settings standards of excellence that are necessary to build a successful program,” Eighmey said. “We have several people on this team who we feel we can rely on to be defensive stoppers which will be a huge element of our defense. We will also need our point guards to step

up and bring a level of leadership and direction to our offense.”

The men’s team will see the return of all five starters with the addition of two freshmen, just losing one senior (Kevin Dineen) from the squad last year. Lofton complimented Kevin’s work ethic, “Kevin did a great job being a vocal leader. He worked hard every day, was competitive from the defensive side and was a great teammate. We will miss his competitive spirit this year.” Fortunately, the team will have four seniors this year to take on that leadership role.

Both teams have been training hard in the off-season between lifting, workouts and open gyms. Women’s senior guard, Michaela Barry, an elementary education major from Battle Creek, said the team has been working extremely hard on the court and in the weight room. “What I love about this team is we challenge and push each other to work hard and be the best we can be every single day.”

Both UNK basketball teams have similar goals for this upcoming season: to have a successful year and become a better team.

For the men’s team, Lofton looks at the season as a process, “In order to have a successful year, we have to focus on the day to day and getting better one practice at a time. If we come into everyday with the intent of going hard and being energetic, our end result is we will be a better team by the end of the season.”

For the women’s team, Eighmey’s most important goal for the program is to become the best team this particular group can be. “Our team this year is very focused on achieving goals we haven’t been able to accomplish yet in our time as a member of the MIAA. Since we compete in the best conference in the country from top to bottom, being able to accomplish that goal will require a great deal of consistency in the way we compete and perform in every practice and every game. It will require



KEVIN LOFTON

| MIAA Preseason Coaches Poll | |
|---------------------------------------|-----------------------------|
| Men | Women |
| 1. Northwest Missouri | 1. Central Missouri |
| 2. Central Missouri | 2. Pittsburg State |
| 3. Washburn | 3. Emporia State |
| 4. Nebraska Kearney | 4. Central Oklahoma |
| 5. Central Oklahoma | 5. Fort Hays State |
| 6. Missouri Southern | 6. Missouri Western |
| 7. Fort Hays State | 7. Lindenwood |
| 8. Pittsburg State | 8. Washburn |
| 9. Lindenwood | 9. Southwest Baptist |
| 10. Emporia State | 10. Nebraska Kearney |
| 11. Lincoln | 11. Missouri Southern |
| 12. Northeastern State | 12. Northwest Missouri |
| 13. Southwest Baptist | 13. Northeastern State |
| 14. Missouri Western | 14. Lincoln |
| <i>*Poll voted on by MIAA coaches</i> | |



Photo by David Mueller
Senior, Lane Rohrich, works on two-hand dribbling drills during practice earlier this week. Rohrich, one of four seniors on this year’s team, is eager for his final season. He’s particularly enjoyed relationships he’s built through college basketball.

each of the women on our team to maintain a mindset to settle for nothing less than getting better than we were the day before,” Eighmey said.

For some players, this is their last season as a Loper student-athlete. Barry is prepared to take on her role as a senior, “I will have to step up in my role as a leader by leading vocally and by example. Every girl on our team brings a specific role that is important, and for us to be successful, I will have to be sure to fulfill my role on this team.”

Lane Rohrich, an exercise science major from Pierce and senior guard for the men’s team, recalls his experiences as a UNK student-athlete, “When it is all

said and done, the one thing that I will take away from being a student-athlete at UNK is the relationships that I have made. In my four years here at UNK, I have had terrific opportunities that have opened many different doors in my life. Along the way, I have met some of the most genuine people. Whether they were UNK faculty and staff or my fellow students, I know that the relationships that I have made here will last a lifetime.”

Catch the Lopers first home games of the season with the UNK Men’s Basketball team facing Wayne State Friday, Nov.10 at 7 p.m. at the Health and Sports Center and the UNK Women’s Basketball team facing Wayne State Saturday, Nov. 11 at 4 p.m.

HAVING FUN NOW
COMES IN SHIFTS!

NOW HIRING CREW

KEARNEY, NE

Raising
Cane's

CHICKEN FINGERS

RAISINGCANESJOBS.COM